

22. ANS: 1, 3, 5

Chapter: Chapter 1, The Vista of Nursing

Objective: 15. Discuss information found in the Connection features in this chapter.

Page: 9

Heading: Evidence-Based Practice

Integrated Processes: Clinical Problem-Solving Process: Nursing Process

Client Need: Safe and Effective Care Environment: Coordinated Care

Cognitive Level: Application [Applying]

Concept: Evidence-Based Practice

Difficulty: Moderate

	Feedback
1	This is correct. Nurses use evidence-based practice (EBP) as a problem-solving approach to delivering health care. This approach uses the best evidence from nursing research studies and patient care data; it also considers the patient's preferences and values. In other words, research is very important in determining what care is appropriate for certain situations; however, making the care fit a patient's preferences and values is just as important.
2	This is incorrect. Although personal experience can be helpful, EBP does rely on the analysis of clinical research data.
3	This is correct. The nurse should keep current with protocols.
4	This is incorrect. The nurse should not rely solely on the HCP for direction related to EBP practice.
5	This is correct. Nurses use evidence-based practice (EBP) as a problem-solving approach to delivering health care. This approach uses the best evidence from nursing research studies and patient care data; it also considers the patient's preferences and values. In other words, research is very important in determining what care is appropriate for certain situations; however, making the care fit a patient's preferences and values is just as important.

PTS: 1

CON: Evidence-Based Practice

## Chapter 2: Health-Care Delivery, Settings, and Economics

### Multiple Choice

Identify the choice that best completes the statement or answers the question.

- \_\_\_\_\_ 1. In an inpatient setting a patient has had a surgical repair of a superficial laceration incurred during a motor vehicle accident. Insurance has been filed and the claim has been rejected. The patient asks the nurse why the claim was not accepted. What is the **best** nursing response?
1. Documentation was insufficient.
  2. Patient care setting was not appropriate.
  3. Procedure was not considered medically necessary.
  4. It was not a covered service on the patient's plan.
- \_\_\_\_\_ 2. A health-care organization uses a system of health-care delivery aimed at managing the cost and quality of access to health care. Which type of delivery system should the nurse review prior to arriving for an interview for a position?
1. Medicaid
  2. Medicare

3. Managed care
4. Private insurance

- \_\_\_\_\_ 3. A nurse reviews the purpose and functions of a skilled nursing facility (SNF) with a new nurse colleague. Which statement by the new nurse indicates that additional teaching about an SNF is required?
    1. "Medicare will most likely pay for my patient's care at the SNF."
    2. "I hope that my patient gets to return home after going to the SNF."
    3. "My patient will never get to go home again if he's transferred to an SNF."
    4. "My patient will receive skilled nursing care, such as physical therapy as needed."
  - \_\_\_\_\_ 4. A nurse is preparing to transfer a patient to a skilled nursing facility (SNF). For which reason will this patient's Medicare policy pay for the care at the SNF?
    1. The patient stays longer than 100 days per year.
    2. The patient enters the SNF within 60 days of a hospitalization.
    3. The patient has been hospitalized for at least 1 day before admission.
    4. The patient makes regular progress as documented by medical professionals.
  - \_\_\_\_\_ 5. A charge nurse observes a staff nurse prepare to transfer a patient to a rehabilitation facility. For which statement should the charge nurse intervene when hearing the staff member explain about this type of care setting?
    1. "You will receive intensive therapy services while you're here."
    2. "You must participate in at least 6 hours of therapy each day."
    3. "You will be seen by a physician who specializes in rehabilitation."
    4. "If you get sick while you're here, we can transfer you to the hospital."
  - \_\_\_\_\_ 6. An adult patient requires a laparoscopic cholecystectomy to be performed. Which clinical facility would be **best** suited for the procedure?
    1. Acute care facility
    2. Outpatient clinic setting
    3. Physician's office
    4. Ambulatory surgery center
  - \_\_\_\_\_ 7. A patient has been referred to cardiac rehabilitation post-cardiac event. Which **essential** service would be provided to the patient?
    1. Dietary counseling
    2. Echocardiogram
    3. Laboratory testing for cardiac enzymes
    4. Occupational therapy
  - \_\_\_\_\_ 8. A patient wants to remain at home yet still receive health-care services for an ulceration of the left foot. Which option should the nurse suggest to the patient based on stated concern?
    1. Arrange for the patient to go to the local health department.
    2. Arrange for the patient to be placed temporarily in rehab.
    3. Obtain a referral for home health services.
    4. Continue to keep office appointments with health-care provider (HCP).
  - \_\_\_\_\_ 9. A nurse is reviewing requests from multiple patients for hospice care. Which factor would alert the nurse that hospice care is not indicated for a patient?
    1. Patient is admitted for acute appendectomy after rupture of the appendix.
    2. Patient has received a terminal medical diagnosis.
    3. Patient is seeking palliative care.
    4. Patient does not require any additional surgical or medical treatment for cure.
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- \_\_\_\_\_ 10. A nursing medical unit has 20 beds and the following staffing: 1 RN, 2 LPNs, and 2 CNAs. Which type of nursing delivery system is **best** utilized to provide services?
1. Primary care nursing
  2. Patient-centered care
  3. Team nursing
  4. Triage
- \_\_\_\_\_ 11. A group of nurses assigned to a unit are discussing methods of nursing supervision. Which option represents **best** practice?
1. Use of a formal approach
  2. Limiting conversation
  3. Maintaining strict control
  4. Providing positive direction
- \_\_\_\_\_ 12. A nurse is reviewing a family's health insurance, which is provided under the Affordable Care Act (ACA). Which statement is correct as it relates to ACA?
1. The son, age 25, is covered.
  2. Vaccinations are not covered services.
  3. Preexisting conditions are not covered.
  4. Mammograms are not covered services.
- \_\_\_\_\_ 13. A patient is admitted to the hospital for an appendectomy identified by a diagnosis-related group (DRG). What information does the DRG provide?
1. Economic reimbursement to the hospital for costs associated with DRG
  2. Specifics of cost of nursing care related to the DRG
  3. Types of procedures that are allowed for an inpatient stay related to that DRG
  4. List of complications that can occur based on the DRG
- \_\_\_\_\_ 14. A patient calls the family clinic stating that he has Medicaid coverage, is visiting his family, lives out of state, and needs to see a health-care provider (HCP). Which information should the nurse provide to the patient related to insurance coverage?
1. Preapproval is needed.
  2. Amount of benefit may vary.
  3. Copay is required for all services.
  4. Go to the emergency room.
- \_\_\_\_\_ 15. A nurse manager is reviewing risk management data collected for the care area after the staff attended an educational program on health-care collaboration. Which outcome indicates that this program has been successful?
1. Number of patient falls were reduced by 85%.
  2. Two patients were readmitted for wound infections.
  3. There were the same number of medication errors as in previous month.
  4. Five patients were delayed discharge because of catheter-related infections.
- \_\_\_\_\_ 16. The department of nursing in a large hospital implements Team STEPPS on all of the care areas. Which is an expected outcome from this program?
1. Reports of incivility
  2. Enhanced teamwork
  3. Increased absenteeism
  4. Inappropriate delegation
- \_\_\_\_\_ 17. A patient asks the nurse why they must get a referral from their health-care provider (HCP) to see another physician for treatment of an eye problem. What is the **best** response by the nurse?
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1. "HMO plans require preapproval authorization."
  2. "Switch over to another HMO."
  3. "Let your primary care doctor handle the issue."
  4. "Capitation costs limit the number of referrals the HCP can make."
- \_\_\_\_\_ 18. A patient is concerned that the health insurance plan will not cover a diagnostic test. Which information should the nurse explain about medical necessity?
1. "The insurer will cover the test if they like the physician."
  2. "Most tests are covered even if they have no connection to the health problem."
  3. "If the test is found reasonable and necessary for your illness, it will be covered."
  4. "There is no guarantee that any test will be covered. It depends on the reviewer."
- \_\_\_\_\_ 19. An older patient is being released from the hospital after treatment for a deep vein thrombosis (DVT). The patient lives alone and intends to return to the prior dwelling but needs additional care. Which type of facility does the nurse expect the patient to be transferred to?
1. Independent living facility
  2. Skilled nursing unit
  3. Memory care unit
  4. Long-term care unit
- \_\_\_\_\_ 20. A patient has had an endoscopy as an outpatient in a hospital setting and requires additional observation after the procedure. Which type of order would the nurse expect the health-care provider to write?
1. Admit for observation.
  2. Admit to the hospital as an inpatient.
  3. Transfer to the emergency room.
  4. Arrange for home health visits.

### **Multiple Response**

*Identify one or more choices that best complete the statement or answer the question.*

- \_\_\_\_\_ 21. A nurse manager is reviewing the unit budget to determine the number of new positions needed for the next fiscal year. Which would the manager use to help guide decisions about patient care? *Select all that apply.*
1. Appropriate level of care
  2. Type of health insurance
  3. Medical necessity
  4. Location of the facility
  5. Education of the staff
- \_\_\_\_\_ 22. A patient no longer needs care in an acute care facility. What should be considered to ensure this patient continues to receive the most appropriate level of care? *Select all that apply.*
1. Cost
  2. Safety
  3. Location
  4. Activities
  5. Effectiveness
- \_\_\_\_\_ 23. A nurse manager is looking at delegation procedures on the nursing unit. Which actions would serve as best-practice methods of delegation? *Select all that apply.*
1. Maintain strict control over individuals.
  2. Offer praise as warranted.
  3. Use respect as a core principle.
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4. Emphasize that the nursing staff is there to help one another.
5. Correct each minor variance.

- \_\_\_\_\_ 24. A nurse is taking care of a patient who has Medicare A and D. What type of benefits does the patient have?  
*Select all that apply.*
1. Prescription services
  2. HMO provider
  3. Hospitalization coverage
  4. Supplemental insurance
  5. Hospice coverage
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**Chapter 2: Health-Care Delivery, Settings, and Economics****Answer Section****MULTIPLE CHOICE**

1. ANS: 2

Chapter: Chapter 2, Health-Care Delivery, Settings, and Economics

Objective: 1. Define various terms associated with health-care delivery and economics.

Page: 17

Heading: Determining the Delivery of Effective Care

Integrated Processes: Communication and Documentation

Client Need: Safe and Effective Care Environment: Coordinated Care

Cognitive Level: Analysis [Analyzing]

Concept: Health-Care Policy | Health-Care System

Difficulty: Difficult

	Feedback
1	This is incorrect. There is insufficient evidence to support this response from the nurse.
2	This is correct. Because the surgical repair was based on a superficial laceration, the selection of an inpatient setting is not an appropriate environment to provide the service.
3	This is incorrect. Surgical repair of a laceration is considered a medically necessary treatment.
4	This is incorrect. There is insufficient evidence to support this response from the nurse.

PTS: 1

CON: Health-Care Policy | Health-Care System

2. ANS: 3

Chapter: Chapter 2, Health-Care Delivery, Settings, and Economics

Objective: 10. Describe various types of private health insurance.

Page: 17

Heading: Determining the Delivery of Effective Care

Integrated Processes: Clinical Problem-Solving Process (Nursing Process)

Client Need: Safe and Effective Care Environment: Coordinated Care

Cognitive Level: Application [Applying]

Concept: Health-Care System

Difficulty: Moderate

	Feedback
1	This is incorrect. Medicaid is a federal-state program in which the federal government helps states pay for the health care of those with an income below the poverty level, as well as certain other individuals.
2	This is incorrect. Medicare is the federal government's health insurance program for people older than 65 years or those with certain disabilities or conditions.
3	This is correct. Managed care is defined as a system of health-care delivery aimed at managing the cost and quality of access to health care.
4	This is incorrect. Private insurance is insurance that is provided by a number of companies and purchased by the individual or his or her employer.

PTS: 1

CON: Health-Care System

## 3. ANS: 3

Chapter: Chapter 2, Health-Care Delivery, Settings, and Economics

Objective: 5. Describe inpatient health-care settings and their services.

Page: 18

Heading: Determining the Delivery of Effective Care &gt; Skilled Nursing Facility

Integrated Processes: Clinical Problem-Solving Process (Nursing Process)

Client Need: Safe and Effective Care Environment: Coordinated Care

Cognitive Level: Analysis [Analyzing]

Concept: Health-Care System

Difficulty: Moderate

	Feedback
1	This is incorrect. An SNF level of care is usually covered by Medicare and most private insurances.
2	This is incorrect. Patients may stay in an SNF for a few days or as long as 100 days, but they eventually move to a rehabilitation facility, nursing home, or home setting.
3	This is correct. The patient will eventually move to a rehabilitation facility, nursing home, or home setting after the required number of days, up to 100.
4	This is incorrect. SNF care consists of skilled nursing care and physical, occupational, and speech therapy as needed.

PTS: 1

CON: Health-Care System

## 4. ANS: 4

Chapter: Chapter 2, Health-Care Delivery, Settings, and Economics

Objective: 5. Describe inpatient health-care settings and their services.

Page: 18

Heading: Determining the Delivery of Effective Care &gt; Skilled Nursing Facility

Integrated Processes: Clinical Problem-Solving Process (Nursing Process)

Client Need: Safe and Effective Care Environment: Coordinated Care

Cognitive Level: Application [Applying]

Concept: Health-Care System

Difficulty: Moderate

	Feedback
1	This is incorrect. An SNF level of care is usually covered by Medicare and most private insurances, but there are certain requirements. There is a 100-day stay maximum per year related to any one hospitalization and diagnosis.
2	This is incorrect. An SNF level of care is usually covered by Medicare and most private insurances, but there are certain requirements. The patient must enter the nursing home within 30 days of a hospitalization.
3	This is incorrect. Medicare will pay for SNF care if the patient was hospitalized for at least 3 days prior to admission.
4	This is correct. An SNF level of care is usually covered by Medicare and most private insurances, but there are certain requirements. The patient must be making regular progress as documented by medical professionals.

PTS: 1

CON: Health-Care System

## 5. ANS: 2

Chapter: Chapter 2, Health-Care Delivery, Settings, and Economics

Objective: 7. Explain two types of rehabilitation services.

Page: 18

Heading: Determining the Delivery of Effective Care > Rehabilitation Facility

Integrated Processes: Clinical Problem-Solving Process (Nursing Process)

Client Need: Safe and Effective Care Environment: Coordinated Care

Cognitive Level: Analysis [Analyzing]

Concept: Health-Care System

Difficulty: Moderate

	Feedback
1	This is incorrect. Rehabilitation is a level of care in which the patient can receive intense physical, occupational, and speech therapy services.
2	This is correct. As a rule of thumb, the patient must be capable of participating in at least 3 hours of therapy a day to be admitted to a rehabilitation facility.
3	This is incorrect. A physician specialist in physical medicine and rehabilitation oversees the patient's care during his or her stay.
4	This is incorrect. If the patient becomes ill or has other medical problems while in rehabilitation, the patient will be transferred back to an acute care hospital.

PTS: 1

CON: Health-Care System

6. ANS: 4

Chapter: Chapter 2, Health-Care Delivery, Settings, and Economics

Objective: 6. Describe outpatient health-care settings and their services.

Page: 19

Heading: Determining the Delivery of Effective Care > Outpatient Care > Hospital Outpatient Department

Integrated Processes: Clinical Problem-Solving Process (Nursing Process)

Client Need: Safe and Effective Care Environment: Safety and Infection Control

Cognitive Level: Application [Applying]

Concept: Health-Care System

Difficulty: Moderate

	Feedback
1	This is incorrect. A laparoscopic cholecystectomy does not have to be performed in an acute care setting.
2	This is incorrect. A laparoscopic cholecystectomy is not performed in an outpatient clinic setting.
3	This is incorrect. A laparoscopic cholecystectomy is not performed in a physician's office.
4	This is correct. A laparoscopic cholecystectomy can be performed in an ambulatory surgical center that is specifically designed to provide surgical care services.

PTS: 1

CON: Health-Care System

7. ANS: 1

Chapter: Chapter 2, Health-Care Delivery, Settings, and Economics

Objective: 7. Explain two types of rehabilitation services.

Page: 20

Heading: Cardiac Rehabilitation

Integrated Processes: Teaching and Learning



Client Need: Health Promotion and Maintenance

Cognitive Level: Application [Applying]

Concept: Health Promotion |

Difficulty: Moderate

	Feedback
1	This is correct. Nutrition (dietary) counseling is a critical part of cardiac rehabilitation.
2	This is incorrect. An echocardiogram is a diagnostic test that is not included in the cardiac rehabilitation process.
3	This is incorrect. Laboratory testing of cardiac enzymes is not included in the cardiac rehabilitation process.
4	This is incorrect. Exercise, nutrition (dietary) modification, medication, and disease counseling are essential elements of cardiac rehabilitation process.

PTS: 1

CON: Health Promotion | Teaching and Learning

8. ANS: 3

Chapter: Chapter 2, Health-Care Delivery, Settings, and Economics

Objective: 6. Describe outpatient health-care settings and their services.

Page: 20

Heading: Home Health Care

Integrated Processes: Clinical Problem-Solving Process (Nursing Process)

Client Need: Safe and Effective Care Environment: Coordinated Care

Cognitive Level: Application [Applying]

Concept: Clinical Judgment | Health-Care System

Difficulty: Moderate

	Feedback
1	This is incorrect. This response does not address the patient's primary concern of wanting to receive treatment at home.
2	This is incorrect. This response does not address the patient's primary concern of wanting to receive treatment at home.
3	This is correct. This response focuses on the patient's primary concern and allows for nursing care to be provided in the home setting.
4	This is incorrect. This response does not address the patient's primary concern of wanting to receive treatment at home.

PTS: 1

CON: Clinical Judgment | Health-Care System

9. ANS: 1

Chapter: Chapter 2, Health-Care Delivery, Settings, and Economics

Objective: 8. Distinguish between types of nursing care delivery systems.

Page: 21

Heading: Hospice

Integrated Processes: Clinical Problem-Solving Process (Nursing Process)

Client Need: Safe and Effective Care Environment: Coordinated Care

Cognitive Level: Analysis [Analyzing]

Concept: Health-Care System

Difficulty: Moderate

	Feedback
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1	This is correct. Hospice services are for those individuals who have received a terminal diagnosis (6 months or less to live), are seeking palliative care, want to remain pain free, and/or are no longer seeking treatment to cure or treat the disease. This patient has had a surgical intervention for an acute disease process.
2	This is incorrect. Hospice services are for those individuals who have received a terminal diagnosis (6 months or less to live), are seeking palliative care, want to remain pain free, and/or are no longer seeking treatment to cure or treat the disease.
3	This is incorrect. Hospice services are for those individuals who have received a terminal diagnosis (6 months or less to live), are seeking palliative care, want to remain pain free, and/or are no longer seeking treatment to cure or treat the disease.
4	This is incorrect. Hospice services are for those individuals who have received a terminal diagnosis (6 months or less to live), are seeking palliative care, want to remain pain free, and/or are no longer seeking treatment to cure or treat the disease.

PTS: 1 CON: Health-Care System

10. ANS: 3

Chapter: Chapter 2, Health-Care Delivery, Settings, and Economics

Objective: 8. Distinguish between types of nursing care delivery systems.

Page: 21-22

Heading: Delivery of Nursing Care >Team Nursing

Integrated Processes: Clinical Problem-Solving Process (Nursing Process)

Client Need: Safe and Effective Care Environment: Coordinated Care

Cognitive Level: Analysis [Analyzing]

Concept: Health-Care System

Difficulty: Difficult

	Feedback
1	This is incorrect. In primary care nursing, one nurse is responsible for all aspects of nursing care. Based on the available staffing mix, there are insufficient nurses to be able to implement this type of care.
2	This is incorrect. In patient-centered care, the interactions are focused on limiting the number of staff that come in direct contact with more acute care patients.
3	This is correct. Based on the available staffing mix, a team nursing approach would represent the best delivery of services to the patients on this unit.
4	This is incorrect. Triage is a medical system used to assess and evaluate patients for treatment based on acuity. It is used in emergent care situations.

PTS: 1 CON: Health-Care System

11. ANS: 4

Chapter: Chapter 2, Health-Care Delivery, Settings, and Economics

Objective: 11. Discussion information found in the Connection features of the chapter.

Page: 23

Heading: Supervision/Delegation Connection >The Secret to Good Supervision

Integrated Processes: Teaching/Learning

Client Need: Safe and Effective Care Environment: Coordinated Care

Cognitive Level: Application [Applying]

Concept: Leadership and Management

Difficulty: Moderate